

OCTOBER 2026

Menu subject to change without notice!
Daily Breakfasts include Cereal and Juice.
All meals served with FF or Skim Milk.

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Biscuits & Gravy (273) Juice (60)	2 Chocolate Donut Bites (430)
5	6 Egg & Cheese Omelet (110) Juice (60)	7 Pancakes w/ Syrup (270) Ham (70)	8 Biscuits & Gravy (273) Juice (60)	9 French Toast (170) Sausage (100)
12	13 Chocolate Chip Muffin (190) Juice (60)	14 Waffles (180) Ham (70)	15 Biscuits & Gravy (273) Juice (60)	16 Oatmeal (140) Toast (70)
19 French Toast (170) Sausage (100)	20 Bagel w/ Cream Cheese (200) Juice (60)	21 Pancakes w/ Syrup (270) Ham (70)	22 Biscuits & Gravy (273) Juice (60)	23
26	27 Donut Holes (190) Juice (60)	28 Waffles (180) Ham (70)	29 Biscuits & Gravy (273) Juice (60)	30 Cinnamon Roll (170) Juice (60)



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LUNCH MENU

All meals served with ½ cup fruit & 8 oz unflavored low-fat, fat-free, or flavored milk

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All meals served with FF or Skim Milk.

Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Tuesday-Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Tater Tot Casserole (310) Green Beans (60) Fruit (80)	2 Soft Taco (220) Spanish Rice (260) Fruit (80)
5	6 Tomato Soup (220) Grilled Cheese (160) Fruit (80)	7 Chicken Patty (180) Mashed Potatoes w/ Gravy (160) Fruit (80)	8 Sloppy Joe w WG Bun (190) Chips (260) Fruit (80)	9 Chili (260) Carrots (60) Cheese Stick (110) Fruit (80)
12	13 Pepperoni Pizza (260) Salad w/Ranch (100) Fruit (80)	14 Chicken Patty w/ WG Bun (330) Fries (190) Fruit (80)	15 Hot Ham & Cheese Sliders (250) Green Beans (60) Fruit (80)	16 PBJ (300) Chips (260) Fruit (80)
19 Salisbury Steak (140) Green Beans (60) Fruit (80)	20 Turkey Sandwich (250) Chips (260) Fruit (80)	21 Chicken Patty (180) Mashed Potatoes w/ Gravy (160) Fruit (80)	22 Spaghetti (220) Salad (100) Garlic Breadstick (100) Fruit (80)	23
26	27 Chef Boyardee Saucy Ravioli (230) Salad (100) Fruit (80)	28 Chicken Patty w/ WG Bun (330) Fries (190) Fruit (80)	29 Burger w/ WG Bun (270) Tater Tots (180) Fruit (80)	30 Pepperoni Calzone (350) Salad (100) Fruit (80)

All meals served with ½ cup fruit and 8 oz low-fat, fat-free, or flavored milk.

This is an equal opportunity employer institution.

